

Hydrotone Thermal 3 Programs

THERMAL MODE

Program 1

The duration of the pre-set program 1 is 18 minutes and begins with steam. Ensure the Hydrotone Thermal is set the "THERM" mode.

15 minutes:	Steam and all showers on	15 mins
15.30	Steam off & showers on in sequence	30sec
17.30	All showers on	2 mins
18	Finish	

Program 2

The duration of the pre-set program 2 is 20 minutes and begins with steam

	Steam on	15.3 mins
15.30	Steam off and showers in sequence	1 min
16.30	All showers on/all showers off	1 min
17.30	Alternating showers	2 min
20	Finish	

HYDRO MODE

Program 1

2	Air on at 10% capacity	
	Air on at 30% capacity	2.5 min
	All water on	
4.3	Air on at 100% capacity	3 min
	Sequential water	
7.30	Water on feet	1.5 min
9	Water in thigh	2 min
11	Water on lower body	2 min
13	Water on upper body	1.5 min
14.3	Air on at 100% capacity	3 min
	All water on	
17.3	Air on at 10% capacity until end of program	2.5 min
	Water off	
20	Finish	

HYDRO MODE cont...**Program 2**

	Air on at 40% capacity	4.5 min
	All water on	
4.30	Alternating water	1.5 min
6	Air on at 60% capacity	30 secs
	Water on feet	
6.30	Air on at 30%	
6.30	Water on thigh	30 secs
7 min	Water on lower body	30 secs
7.30	Water on upper body	30 secs
8 min	Air on at 100% capacity	30 secs
8.30	Water on thigh	30 secs
9 min	Water on lower body	30 secs
9.30	Water on upper body	30 secs
10 min	Water on Feet	30 secs
10.30	Water on thigh	30 secs
11 min	Water on lower body	30 secs
11.30	Water on upper body	30 secs
12 min	Water on/off Alternating	2.5 min
14.30	Water on all zones	2 min
16.30	Air on at 50% capacity	1.5 min
18 min	Air on at 20% capacity until end of program	2 min
	Water off	
20 min	Finish	